

Certificate: Personal Training

Curriculum Chair: Dr. Richard F. Gennaro Jr. Tel # (914) 606-7027 Email: Richard.Gennaro@sunywcc.edu
Academic Dean: Dr. Ronald Bloom Science Bldg. 252 Tel # (914) 606-6912 Email: Ronald.Bloom@sunywcc.edu

Developmental Courses as required based on placement scores

<input type="checkbox"/>	ENG 91 Writing for College 1 – Score of 4 E Code 1 and below, 30.01 Choose an item.
<input type="checkbox"/>	ENG 92 Writing for College 2 OR ENG 99 – Score of 6 E Code 2, 30.02 Choose an item.
<input type="checkbox"/>	ESL 94 Academic Writing 1 – Score of 5 or 6 E Code 6, 20.01 Choose an item.
3 <input type="checkbox"/>	ESL 122 Academic Writing 2 – Score of 7 E Code 7, 21.01 Choose an item.
<input type="checkbox"/>	MATH 92 Pre-Algebra – Arithmetic score 44 and below, Elementary Algebra 54 and below, 40.01 Choose an item.
OR <input type="checkbox"/>	MATH 93 Beginning Algebra – Arithmetic score 45 and above, Elementary Algebra 54 and below, 40.02 Choose an item.
	MATH 94 Foundations of Mathematical Reasoning – Arithmetic score 45 and above, Elementary Algebra 54 and below, 40.02 Choose an item.
<input type="checkbox"/>	READ 93 Foundation of College Reading – Score of 57 and below, 10.01 Choose an item.
3 <input type="checkbox"/>	READ 105 Analytical Reading – Score of 58 and higher 11.01 Choose an item.

New General Education Requirements

3 <input type="checkbox"/>	ENG 101 – Writing and Research OR ENG 101H Choose an item.
3 <input type="checkbox"/>	COMM 109 – Speech Communication OR COMM 109H Choose an item.
3 <input type="checkbox"/>	MATH 117 – College Quantitative Reasoning OR MATH 130 – College Algebra: Functions & Models Choose an item.
4 <input type="checkbox"/>	BIOL 121 – Anatomy and Physiology 1 (and Lab) Choose an item.
3 <input type="checkbox"/>	PSYCH 101 – General Psychology Choose an item.

Program of Study

3 <input type="checkbox"/>	HHP 101 – Personal Training BIOL 121 is a prerequisite, HHP 102 is a corequisite
1 <input type="checkbox"/>	HHP 102 – Personal Training Internship HHP 101 is the co-requisite. Choose an item.
1 <input type="checkbox"/>	HHP 120 – Trends in Fitness and Human Performance Choose an item.
3 <input type="checkbox"/>	NUTR 101 – Nutrition Choose an item.
2 <input type="checkbox"/>	PEC 110 – Health and Fitness for Life Choose an item.
4 <input type="checkbox"/> OR 3 <input type="checkbox"/> +1 <input type="checkbox"/>	HHP 200 – Exercise Physiology and Lab Prerequisite: BIOL 121 – Anatomy and Physiology 1 (and Lab) Choose an item.
	OR MGT 103 – Entrepreneurship AND PEH 216 – Aerobic Exercise Choose an item.
1 <input type="checkbox"/>	PEH 116 – First Aid/CPR/AED Choose an item.
1 <input type="checkbox"/> ¹	PHYSICAL EDUCATION ELECTIVES: Select ONE of the following below. Choose an item.

SEEN BY: _____

Completed credits of 32 required

¹ **PEH 109** – Lifeguarding/First Aid/CPR/AED, **PEC 158** – Intro to PE Activities, or **PEH 218** – Exercise and Conditioning

Certificate: Personal Training

Curriculum Chair: Dr. Richard F. Gennaro Jr. Tel # (914) 606-7072 Email: Richard.Gennaro@sunywcc.edu
Academic Dean: Dr. Ronald Bloom Science Bldg. 252 Tel # (914) 606-6912 Email: Ronald.Bloom@sunywcc.edu

Academic Plan		Completed credits		of 32 required	
		Fall/Spring		Fall/Spring	
<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>
		Fall/Spring		Fall/Spring	
<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>