Certificate: Personal Training

Curriculum Chair: Dr. Richard F. Gennaro Jr. Tel # (914) 606-7027 Email: Richard.Gennaro@sunywcc.edu
Academic Dean: Dr. Ronald Bloom Science Bldg. 252 Tel # (914) 606-6912 Email: Ronald.Bloom@sunywcc.edu

	Developmental Courses as required based on placement scores
☐	**ENG 91** Writing for College 1 – Score of 4 E Code 1 and below, **30.01** Choose an item.
☐	**ENG 92** Writing for College 2 – Score of 6 E Code 2, **30.02** Choose an item.
☐	**ENG 99** Writing Studio with linked ENG 101+ - Score of 6 E Code 2, **30.02** OR successful completion of ENG 91
☐	**ESL 94** Academic Writing 1 – Score of 5 or 6 E Code 6, **20.01** Choose an item.
3☐	**ESL 122** Academic Writing 2 – Score of 7 E Code 7, **21.01** Choose an item.
☐	**MATH 92** Pre-Algebra – Arithmetic score 44 and below, Elementary Algebra 54 and below, **40.01**
OR ☐	**MATH 93** Beginning Algebra – Arithmetic score 45 and above, Elementary Algebra 54 and below, **40.02** **MATH 94** Foundations of Mathematical Reasoning – Arithmetic score 45 and above, Elementary Algebra 54 and below, **40.02**
☐	**READ 93** Foundation of College Reading – Score of 57 and below, **10.01**
3☐	**READ 105** Analytical Reading – Score of 58 and higher **11.01**

	New General Education Requirements
3☐	**ENG 101** – Writing and Research **OR ENG 101H** Choose an item.
3☐	**COMM 109 –** Speech Communication **OR COMM 109H** Choose an item.
3☐	**MATH 117 –** College Quantitative Reasoning **OR** **MATH 130 –** College Algebra: Functions & Models Choose an item.
4☐	**BIOL 121** – Anatomy and Physiology 1 (and Lab) Choose an item.
3☐	**PSYCH 101 –** General Psychology Choose an item.

	Program of Study
3☐	**HHP 101** – Personal Training **BIOL 121 is a prerequisite, HHP 102 is a corequisite**
1☐	**HHP 102** – Personal Training Internship **HHP 101 is the co-requisite.** Choose an item.
1☐	**HHP 120** – Trends in Fitness and Human Performance Choose an item.
3☐	**NUTR 101** – Nutrition Choose an item.
2☐	**PEC 110** – Health and Fitness for Life Choose an item.
4☐ **OR** 3☐+1☐	**HHP 200** – Exercise Physiology and Lab **Prerequisite: BIOL 121 – Anatomy and Physiology 1 (and Lab)** Choose an item. **OR** **MGT 103 –** Entrepreneurship **AND** **PEH 216 –** Aerobic Exercise Choose an item.
1☐	**PEH 116** – First Aid/CPR/AED Choose an item.
1☐[1]	**PHYSICAL EDUCATION ELECTIVES: Select ONE of the following below.** Choose an item.

SEEN BY: **Completed credits**   **of 32 required**

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[1] **PEH 109** – Lifeguarding/First Aid/CPR/AED, **PEC 158** – Intro to PE Activities, or **PEH 218** – Exercise and Conditioning

March 10, 2017 AG

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Academic Plan		Completed credits		of 32 required	
		Fall/Spring		**Fall/Spring**	
Class	**Credits**	**Class**	**Credits**	**Class**	**Credits**
		Fall/Spring		**Fall/Spring**	
Class	**Credits**	**Class**	**Credits**	**Class**	**Credits**

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