

# **AS: Foods and Nutrition**

**Curriculum Chair**: Prof. Teresa Schlanger STC-206 Tel # (914) 606-6750 Email: <u>Teresa.Schlanger@sunywcc.edu</u> **Academic Dean**: Dr. Ronald Bloom Science Bldg. 254 Tel # (914) 606-6912 Email: <u>Ronald.Bloom@sunywcc.edu</u>

Developmental Courses as required based on placement scores							
	ENG 91 Writing for College 1 – Score of 4 E Code 1 and below, 30.01 Choose an item.						
	ENG 92 Writing for College 2 – Score of 6 E Code 2, 30.02 Choose an item.						
	ENG 99 Writing Studio (with linked section of ENG 101+) - Score of 6 E Code 2, 30.02						
	ESL 94 Academic Writing 1 – Score of 5 or 6 E Code 6, 20.01.						
3□	ESL 122 Academic Writing 2 – Score of 7 E Code 7, 21.01						
	MATH 92 Pre-Algebra – Arithmetic score 44 and below, Elementary Algebra 54 and below, 40.01 Choose an						
	MATH 93 Beginning Algebra – Arithmetic score 45 and above, Elementary Algebra 54 and below, 40.02 Choose an						
OR □	item.  MATH 94 Foundations of Mathematical Reasoning – Arithmetic score 45 and above, Elementary Algebra 54 and below, 40.02 Choose an item.						
	<b>READ 93</b> Foundation of College Reading – Score of 57 and below, <b>10.01</b> Choose an item.						
3□	READ 105 Analytical Reading – Score of 58 and higher 11.01 Choose an item.						
	New General Education Requirements						
3□	ENG 101 – Writing and Research OR ENG 101H Choose an item.						
3□	ENG 102 – Writing and Literature OR ENG 102H Choose an item.						
3□	MATH 130 – College Algebra Functions & Models Choose an item.						
4□	MATH 140 – Statistics Choose an item.						
4□	BIOL 115– General Biology 1 and Lab Choose an item.						
4□	BIOL 121– Anatomy and Physiology 1 and Lab Choose an item.						
4□	BIOL 123 – Anatomy and Physiology 2 and Lab Choose an item.						
4□	CHEM 117– Principles of Organic Chemistry and Lab Choose an item.						
	SOCIAL SCIENCES GENERAL ED REQUIREMENTS – Select a 3 credit course:						
	PSYCH 101 – General Psychology OR PSYCH 101H						
3□	OR SOC 101 – Introduction to Sociology OR SOC 101H: Students must have at least one of the following: A score of 8						
	or higher on the ESSAY portion of the placement test. Or received a passing grade in either ENG 92 - Writing for						
	College 2 or <b>ESL 122</b> - Introduction to Academic Writing 2. Or have a Pre or Co-requisite of <b>ENG 101</b> - Writing and Research or <b>ENG 101H</b> - Writing and Research - Honors.						
	THE ARTS, FOREIGN LANGUAGE, or OTHER WORLD CIVILIZATIONS GENERAL ED						
	REQUIREMENTS – Select a 3/4 credit course:						
3□/4□	<b>ART</b> 101, 102, 103, 104, 105, 106, 107, 108, 109, 109A, 110, 111, 112, 125, 129, 130, 133, 134, 135, 137, 138, 140, 141, 147, 201, 203, 212, 265, <b>DANCE</b> 101, 102, 107, 112, 115, 120, 121, 205, 207, <b>FILM</b> 100, 101, 102, 130 <b>MUSIC</b> 110, 110H, 111, 120, 121, 130, 131, 132, 133, 150, 230, 231, 232, 233, <b>THEAT</b> 111, 113, 201						
	ARABC 101, 102, CHINS 102, FREN 101, 102, 201, ITAL 101, 102, 103, 201, 201H, 202, 202H, 250, JAPNS 101,						

102, **RUSSN** 101, **SPAN** 101, 102, 103, 104, 201, 201H, 202, 202H, 203, 204, **ANTHR** 120, 210, 215H, **HIS** 119, 128, 129, 131, **POLSC** 113



3□/4□	AMERICAN HISTORY or WESTERN CIVILIZATION GENERAL ED REQUIREMENTS – Select a 3 credit
	course:
	<b>ART</b> 108, 109, <b>HIS</b> 101, 102, 104, 106, 110, 111, 112, 121*, 133**, 134**, <b>POLSC</b> 102, 104, 107
	*Students who complete this course cannot use HIS 133 or 134 to fulfill degree and/or general education
	requirements
	**Students who complete this course cannot use HIS 121 to fulfill degree and/or general education requirements
3□	

	Degree Requirements						
5□	<b>CHEM 107</b> – Inorganic Chemistry and Lab: <b>Prerequisite: MATH 130</b> – College Algebra: Functions & Models or a higher level math course. Choose an item.						
3□	NUTR 105 <sup>1</sup> – Nutrition Care 1: Offered fall semester. Choose an item.						
3□	NUTR 118 – Principles of Teaching Health Care: Offered in Spring semester. Choose an item.						
4□	NUTR 120 – Foods and Lab: Offered fall semester. Choose an item.						
3□	NUTR 123 <sup>2</sup> – Food Service Systems Management: Offered spring semester. Choose an item.						
1□	NUTR 211 – Introduction to Nutrition Care Offered fall semester. Choose an item.						
The following 2 courses must be taken together, or taken in the order in which they appear:							
3□	NUTR 115 <sup>3</sup> – Nutrition Care 2: NUTR 105 or departmental permission are the prerequisites. Offered spring semester. Choose an item.						
3□	NUTR 145 – Clinical Practicum 1: NUTR 105 or departmental permission are the prerequisites. NUTR 115 may be a pre or co-requisite. Offered spring semester. Choose an item.						

SEEN BY: Completed credits of 63 required

NOTES: Courses should be taken in sequence as Core Nutrition courses and Clinical Practicum courses are only offered in the fall and spring semesters. Students must maintain a minimum grade of "C" in all required departmental courses to continue in the curriculum and in all courses to transfer.

\* SUNY Transfer: All students planning to transfer to a 4 year SUNY School must also take a course to meet the American History, Western Civilization, or other World Civilization core require. See college Catalog for addition information about specific courses.

<sup>&</sup>lt;sup>1</sup> NUTR 105: Nutrition Care I - Must be ready to take college level mathematics and ENG 101: Composition & Literature 1.

<sup>&</sup>lt;sup>2</sup> NUTR 120: Foods and Lab is prerequisite for NUTR 123: Food Service Systems Management.

<sup>&</sup>lt;sup>3</sup> **NUTR 105**: Nutrition Care I is prerequisite for **NUTR 115**: Nutrition Care 2. **NUTR 115**: Nutrition Care 2 and **NUTR 145**: Clinical Practicum 1 are co-requisites. If only one course can be taken it must be **NUTR 115**: Nutrition Care 2.



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Academic Plan		Completed credits of 63 required			red
		Fall		Spring	
<u>Class</u>	Credits	<u>Class</u>	Credits	<u>Class</u>	<u>Credits</u>
		NUTR 105 – Nutrition Care 1	3□	The following 2 courses must be taken together, or taken in the order in which they appear.  NUTR 115 – Nutrition Care 2	3□
		NUTR 120 – Foods and Lab	4□	NUTR 145 – Clinical Practicum 1	3□
		NUTR 211 – Introduction to Nutrition Care	1□	NUTR 118 – Principles of Teaching Health Care	3□
		Fall		Spring	
Class	Credits	Class	Credits	Class	Credits
				NUTR 123 – Food Service Systems Management	3□



# **FACTSHEET**

## Foods and Nutrition (A.S.)

The Associate Degree in Science (A.S.) Foods and Nutrition (Transfer) is one of the two dietetics/foods and nutrition programs offered by the Department of Food Service Administration. The Foods and Nutrition (Transfer) curriculum prepares students to transfer from Westchester Community College into a four year baccalaureate program with an area of specialization in nutrition and /or dietetics with the ultimate goal of becoming a Registered Dietitian. The curriculum follows the academic requirements mandated by the Accreditation Council for Education and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND).

The course of study involves the basics of nutrition care with science, culinary arts and liberal arts courses necessary for transfer to a four-year college or university. There is some course overlap with the Dietetic Technician program which includes a supervised clinical field experience at a Westchester hospital.

Students applying to this program will be required, at their own expense, to have background (criminal and drug) checks in order to participate in the clinical field experience. Failure to pass these checks may make it impossible to complete the program. There is also a uniform requirement and a required medical clearance.

Westchester Community College has transfer agreements with many colleges and universities for students who wish to continue their studies locally.

The job outlook for dietetic professionals continues to look positive. Jobs can be found in traditional health care settings such as hospitals, clinics and extended care facilities, as well as in fitness centers, corporate wellness programs, and private consulting. Go to <a href="https://www.eatright.org">www.eatright.org</a> for further profession details.

## **Program Highlights**

- The only A.S. degree program in Foods and Nutrition offered in Westchester.
- Transfer agreements with four-year ACEND accredited colleges
- Field experience provides opportunities for students to learn in real world situations
- Counselors and faculty available to assist with tutoring, program planning, registration, and financial aid procedures
- Two-year Associate Degree in Applied Science (DT) accredited by the ACEND
- Individuals accepted on a part or full-time basis

For further information about the Foods and Nutrition Program, contact. Professor Terry Schlanger at 914-606-6750 or email her at <a href="mailto:Teresa.Schlanger@sunywcc.edu">Teresa.Schlanger@sunywcc.edu</a>