

AS: Foods and Nutrition

Curriculum Chair: Prof. Joanne Seid STC-211 Tel # (914) 606-6182 Email: Joanne.Seid@sunywcc.edu

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Developmental Courses as required based on placement scores

<input type="checkbox"/>	ENG 91 Writing for College 1 – Score of 4 E Code 1 and below, 30.01 Choose an item.
<input type="checkbox"/>	ENG 92 Writing for College 2 – Score of 6 E Code 2, 30.02 Choose an item.
<input type="checkbox"/>	ENG 99 Writing Studio with linked ENG 101+ - Score of 6 E Code 2, 30.02 OR successful completion of ENG 91
<input type="checkbox"/>	ESL 94 Academic Writing 1 – Score of 5 or 6 E Code 6, 20.01 .
3 <input type="checkbox"/>	ESL 122 Academic Writing 2 – Score of 7 E Code 7, 21.01
<input type="checkbox"/>	MATH 92 Pre-Algebra – Arithmetic score 44 and below, Elementary Algebra 54 and below, 40.01 Choose an
OR <input type="checkbox"/>	MATH 93 Beginning Algebra – Arithmetic score 45 and above, Elementary Algebra 54 and below, 40.02 Choose an item.
	MATH 94 Foundations of Mathematical Reasoning – Arithmetic score 45 and above, Elementary Algebra 54 and below, 40.02 Choose an item.
<input type="checkbox"/>	READ 93 Foundation of College Reading – Score of 57 and below, 10.01 Choose an item.
3 <input type="checkbox"/>	READ 105 Analytical Reading – Score of 58 and higher 11.01 Choose an item.

New General Education Requirements

3 <input type="checkbox"/>	ENG 101 – Writing and Research OR ENG 101H Choose an item.
3 <input type="checkbox"/>	ENG 102 – Writing and Literature OR ENG 102H Choose an item.
3 <input type="checkbox"/>	MATH 130 – College Algebra Functions & Models Choose an item.
4 <input type="checkbox"/>	MATH 140 – Statistics Choose an item.
4 <input type="checkbox"/>	BIOL 115 – General Biology 1 and Lab Choose an item.
4 <input type="checkbox"/>	BIOL 121 – Anatomy and Physiology 1 and Lab Choose an item.
4 <input type="checkbox"/>	BIOL 123 – Anatomy and Physiology 2 and Lab Choose an item.
4 <input type="checkbox"/>	CHEM 117 – Principles of Organic Chemistry and Lab Choose an item.
3 <input type="checkbox"/>	<p align="center">SOCIAL SCIENCES GENERAL ED REQUIREMENTS – Select a 3 credit course:</p> <p>PSYCH 101 – General Psychology OR PSYCH 101H</p> <p>OR</p> <p>SOC 101 – Introduction to Sociology OR SOC 101H: Students must have at least one of the following: A score of 8 or higher on the ESSAY portion of the placement test. Or received a passing grade in either ENG 92 - Writing for College 2 or ESL 122 - Introduction to Academic Writing 2. Or have a Pre or Co-requisite of ENG 101 - Writing and Research or ENG 101H - Writing and Research - Honors.</p>
3 <input type="checkbox"/> /4 <input type="checkbox"/>	<p align="center">THE ARTS, FOREIGN LANGUAGE, or OTHER WORLD CIVILIZATIONS GENERAL ED REQUIREMENTS – Select a 3/4 credit course:</p> <p>ART 101, 102, 103, 104, 105, 106, 107, 107H, 108, 109, 109A, 110, 111, 112, 125, 129, 130, 133, 134, 135, 137, 138, 140, 141, 147, 201, 203, 212, 265, DANCE 101, 102, 107, 112, 115, 120, 121, 205, 207, FILM 100, 101, 102, 130</p> <p>MUSIC 110, 110H, 111, 120, 121, 130, 131, 132, 133, 150, 230, 231, 232, 233, THEAT 111, 113, 201</p> <p>ARABC 101, 102, CHINS 102, FREN 101, 102, 201, ITAL 101, 102, 103, 201, 201H, 202, 202H, 250, JAPNS 101, 102, RUSSN 101, SPAN 101, 102, 103, 104, 201, 201H, 202, 202H, 203, 204, ANTHR 120, 210, 215H, HIS 119, 128, 129, 131, POLSC 113, ENG 227</p>

3□/4□	<p>AMERICAN HISTORY or WESTERN CIVILIZATION GENERAL ED REQUIREMENTS – Select a 3 credit course:</p> <p style="text-align: center;">ART 108, 109, HIS 101, 102, 104, 106, 110, 111, 112, 121*, 133**, 134**, POLSC 102, 104, 107</p> <p style="text-align: center;"><i>*Students who complete this course cannot use HIS 133 or 134 to fulfill degree and/or general education requirements</i></p> <p style="text-align: center;"><i>**Students who complete this course cannot use HIS 121 to fulfill degree and/or general education requirements</i></p>
3□	

Degree Requirements

5□	CHEM 107 – Inorganic Chemistry and Lab: Prerequisite: MATH 135 or higher, except MATH 138 & 140. Choose an item.
3□	NUTR 105¹ – Nutrition 1: Offered fall semester. Choose an item.
3□	NUTR 118 – Principles of Teaching Health Care: Offered in Spring semester. Choose an item.
4□	NUTR 120 – Foods and Lab: Offered fall semester. Choose an item.
3□	NUTR 123² – Food Service Systems Management: Offered spring semester. Choose an item.
1□	NUTR 211 – Introduction to Nutrition Care Offered fall semester. Choose an item.
The following 2 courses must be taken together, or taken in the order in which they appear:	
3□	NUTR 115³ – Nutrition 2: NUTR 105 or departmental permission are the prerequisites. Offered spring semester. Choose an item.
3□	NUTR 145 – Clinical Practicum 1: NUTR 105 or departmental permission are the prerequisites. NUTR 115 may be a pre or co-requisite. Offered spring semester. Choose an item.

SEEN BY: _____ **Completed credits** _____ **of 63 required**

NOTES: Courses should be taken in sequence as Core Nutrition courses and Clinical Practicum courses are only offered in the fall and spring semesters. Students must maintain a minimum grade of “C” in all required departmental courses to continue in the curriculum and in all courses to transfer.

*** SUNY Transfer:** All students planning to transfer to a 4 year SUNY School must also take a course to meet the American History, Western Civilization, or other World Civilization core require. See college Catalog for addition information about specific courses.

¹ **NUTR 105:** Nutrition Care I - Must be ready to take college level mathematics and **ENG 101:** Composition & Literature 1.

² **NUTR 120:** Foods and Lab is prerequisite for **NUTR 123:** Food Service Systems Management.

³ **NUTR 105:** Nutrition Care I is prerequisite for **NUTR 115:** Nutrition Care 2. **NUTR 115:** Nutrition Care 2 and **NUTR 145:** Clinical Practicum 1 are co-requisites. If only one course can be taken it must be **NUTR 115:** Nutrition Care 2.

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Academic Plan		Completed credits of 63 required			
		Semester 1 Fall		Semester 2 Spring	
<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>
		Major - NUTR 105 – Nutrition Care 1	3 <input type="checkbox"/>	The following 2 courses must be taken together, or taken in the order in which they appear: NUTR 115 – Nutrition Care 2	3 <input type="checkbox"/>
		Major - NUTR 120 – Foods and Lab	4 <input type="checkbox"/>	NUTR 145 – Clinical Practicum 1: NUTR 115 is a co-requisite.	3 <input type="checkbox"/>
		Major - NUTR 211 – Introduction to Nutrition Care	1 <input type="checkbox"/>	Major - NUTR 118 – Principles of Teaching Health Care	3 <input type="checkbox"/>
		GER Basic Communication – ENG 101	3 <input type="checkbox"/>	GER Natural Sciences - BIOL 121	4 <input type="checkbox"/>
		GER Natural Sciences - BIOL 115	4 <input type="checkbox"/>	GER Mathematics Choice – MATH 130	3 <input type="checkbox"/>
		Semester 3 Fall		Semester 4 Spring	
<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>	<u>Class</u>	<u>Credits</u>
		GER Humanities – ENG 102	3 <input type="checkbox"/>	Major - NUTR 123 – Food Service Systems Management	3 <input type="checkbox"/>
		GER Natural Sciences - BIOL 123	4 <input type="checkbox"/>	GER Natural Sciences – CHEM 117	4 <input type="checkbox"/>
		Major – CHEM 107	5 <input type="checkbox"/>	GER Mathematics Choice – MATH 140	4 <input type="checkbox"/>
		GER – Arts, FL or OWC	3 <input type="checkbox"/>	GER American History or World Civilization	3 <input type="checkbox"/>
		GER Social Science Choice – PSYCH 101 or SOC 101	3 <input type="checkbox"/>		

FACTSHEET

Foods and Nutrition (A.S.)

The Associate Degree in Science (A.S.) Foods and Nutrition (Transfer) is one of the two dietetics/foods and nutrition programs offered by the Department of Food Service Administration.

The Foods and Nutrition (Transfer) curriculum prepares students to transfer from Westchester Community College into a four year baccalaureate program with an area of specialization in nutrition and /or dietetics with the ultimate goal of becoming a Registered Dietitian. The curriculum follows the academic requirements mandated by the Accreditation Council for Education and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND).

The course of study involves the basics of nutrition care with science, culinary arts and liberal arts courses necessary for transfer to a four-year college or university. There is some course overlap with the Dietetic Technician program which includes a supervised clinical field experience at a Westchester hospital.

Students applying to this program will be required, at their own expense, to have background (criminal and drug) checks in order to participate in the clinical field experience. Failure to pass these checks may make it impossible to complete the program. There is also a uniform requirement and a required medical clearance.

Westchester Community College has transfer agreements with many colleges and universities for students who wish to continue their studies locally.

The job outlook for dietetic professionals continues to look positive. Jobs can be found in traditional health care settings such as hospitals, clinics and extended care facilities, as well as in fitness centers, corporate wellness programs, and private consulting. Go to www.eatright.org for further profession details.

Program Highlights

- The only A.S. degree program in Foods and Nutrition offered in Westchester.
- Transfer agreements with four-year ACEND accredited colleges
- Field experience provides opportunities for students to learn in real world situations
- Counselors and faculty available to assist with tutoring, program planning, registration, and financial aid procedures
- Two-year Associate Degree in Applied Science (DT) accredited by the ACEND
- Individuals accepted on a part or full-time basis

For further information about the Foods and Nutrition Program, contact.

Professor Joanne Seid at 914-606-6182 or email her at Joanne.Seid@sunywcc.edu